



Self Test for female fertility potential (FSH) 40 MUI

2 Strips

The hormone F.S.H. is present in greater quantities in women whose cycles are irregular and when women get older. When menopause is near, the levels of this hormone is particularly high and acts as an alarm system. Thus a negative result on this test is good news even if not a formal proof of fertility. A positive result means reduced fertility and it is recommended to consult a doctor for further testing.

When to use this test ?

It is recommended to perform this test with first morning urine because they contain a maximum rate of FSH Perform the test at another time of day could lead to a false negative result.

Précautions:

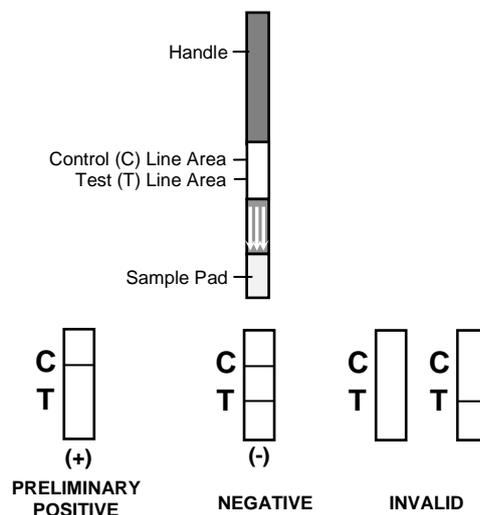
- The instructions must be followed to obtain accurate results.
- Do not open the sealed pouch unless ready to operate the assay.
- Do not use expired devices.
- Dispose of all specimens and used assay materials in a proper biohazard container.

Procedure

1. Refrigerated specimens and other test materials, including tests, must be equilibrated to room temperature before testing.
2. Open the foil pouch at the notch and remove the test.
3. Dip the test in the specimen for at least 10 seconds and start the timer. Keep the specimen surface at the level indicated by the arrows.
4. Remove the test from the specimen, and place it on a flat, dry surface.
5. Strong positive results may be observed in 2-3 minutes. Weak positive results may take up to 5 minutes to develop.

Interpretation of results

IMPORTANT: Do not interpret the results after 10 minutes.



Positive: If both the C line and T line appear, the FSH concentration of the specimen is equal to or higher than 40 mIU/mL.

Negative: If only the C line appears, the FSH concentration of the specimen is not detectable.

Invalid: If no C line develops within 5 minutes, the result is invalid. In this case, do not report test results. Repeat the assay with a new test. If the result is still invalid, stop using the test and contact the manufacturer.

What to do with the results ?

If the first test is positive, perform another test a week later using the second dipstick to confirm the result. The rate F.S.H. can be high for short periods during a normal cycle but it is a high rate for a longer period which may indicate a state of menopause. If the second test is also positive, it is advisable to consult a specialist.

A positive result means that the FSH is high, it can be an indicator of a state of pre-menopause and if symptoms such as irregular periods, hot flashes, mood swings, insomnia and fatigue exist, it is advisable to consult a specialist.

A negative result indicates that the FSH is normal. However, in case of irregular cycles or pre-menopause symptoms, you should consult a doctor.